### **THROUGH THE CORE** Exploring the BIC Core Values

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# FOLLOWING JESUS

We value wholehearted obedience to Christ Jesus through the empowering presence of the Holy Spirit. "By obedience, I refer to the definition of Christianity as the outward expression through faithful discipleship of the inner experience of regeneration."

Carlton Wittlinger

"We, for every kind of reason, good and bad, are distracting ourselves into spiritual oblivion. It is not that we have anything against God, depth, and spirit, we would like these, it is just that we are habitually too preoccupied to have any of these show up on our radar screens."

**Ronald Rolheiser** 

<sup>1</sup> The Lord is my shepherd. He gives me everything I need.

- <sup>2</sup> He lets me lie down in fields of green grass.
  He leads me beside quiet waters.
- <sup>3</sup> He gives me new strength.
- He guides me in the right paths for the honor of his name.

<sup>4</sup> Even though I walk through the darkest valley, I will not be afraid. You are with me. Your shepherd's rod and staff comfort me.

<sup>5</sup> You prepare a feast for me right in front of my enemies. You pour oil on my head. My cup runs over. <sup>6</sup> I am sure that your goodness and love will follow me all the days of my life. And I will live in the house of the LORD forever.

## PSALM 23:1

# The Lord is my Shepherd. He gives me everything I need. (NIRV)

- The Lord is my Shepherd, I lack nothing. (NIV)
- The Lord is my Shepherd; I shall not want. (KJV)





 <sup>1</sup> LORD, my heart isn't proud. My eyes aren't proud either.
 I don't concern myself with important matters. I don't concern myself with things that are too wonderful for me.

- <sup>2</sup> I have made myself calm and content like a young child in its mother's arms.
  Deep down inside me, I am as content as a young child.
- <sup>3</sup> Israel, put your hope in the LORD both now and forever.



The Lord is my Shepherd. I have everything I need. Deep down inside me, I am as content as a young child.

- Slowing
- Stopping
- Going



## • Slow down.



"God walks 'slowly' because he is love. If he is not love he would have gone much faster. Love has its speed. It is an inner speed. It is a spiritual speed. It is a different kind of speed from the technological speed to which we are accustomed...

Kosuke Koyama

...It is 'slow' yet it is lord over all other speeds since it is the speed of love. It goes on in the depth of our life, whether we notice or not, whether we are currently hit by storm or not, at three miles an hour. It is the speed we walk and therefore it is the speed the love of God walks."

Kosuke Koyama

## • Slow down.

• Sabbath.



- Slow down.
- Sabbath.
- Lean on and lead on.



"Motherhood is never about training your children to be good so they won't ever fall—it's about letting them see you fall in love every day with a good God. And even after you've fallen hard-they see you keep falling hard for God. Simply: the work of every parent is to give the best they know how now—and the work of every child is to forgive their parents the best they can now."

#### Ann Voskamp

- Slow down.
- Sabbath.
- Lean on and lead on.

