

JOY

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At its heart, joy seems to be based on relational-emotional response to other people.

¹⁶ Jesus went on to say, "In a little while you will see me no more, and then after a little while you will see me."

¹⁷ At this, some of his disciples said to one another, "What does he mean by saying, 'In a little while you will see me no more, and then after a little while you will see me,' and 'Because I am going to the Father'?"

¹⁸ They kept asking, "What does he mean by 'a little while'? We don't understand what he is saying."

¹⁹ Jesus saw that they wanted to ask him about this, so he said to them, "Are you asking one another what I meant when I said, 'In a little while you will see me no more, and then after a little while you will see me'?

Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy.

²¹ A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world.

²² So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.

²³ In that day you will no longer ask me anything. Very truly I tell you, my Father will give you whatever you ask in my name.

²⁴ Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete.

²² So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.

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Time between death and resurrection

- Time between death and resurrection
- Time between ascension and return

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Obstacles to JOY

• When we fail to realize it is about relationships.

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- When we forget that ALL relationships are dynamic

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The Sensation of God's Absence

Theresa of Avila

"If he seems to forget me, very well, he is free to, since I am no longer mine, but his . . . He will weary of keeping me waiting sooner than I of waiting for him."

Obstacles to JOY

- When we fail to realize it is about relationships.
- When we forget that ALL relationships are dynamic

Remember JOY is about relationship.

- Remember JOY is about relationship.
 - Work at the relationship.

- Remember JOY is about relationship.
 - Work at the relationship.
 - Spend time together.

- Remember JOY is about relationship.
- Remember the times of closeness.

- Remember JOY is about relationship.
- Remember the times of closeness.
 - Linger on the memory.

- Remember JOY is about relationship.
- Remember the times of closeness.
- •Remember that all relationships are dynamic (they have an ebb and flow).

Communion

