Make Room



Make Room

for Joy



"Joy . . . is the gigantic secret of the Christian." G. K. Chesterton

•Hope is ultimately about the future.

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- It bridges the gap between here and now and then and there.
- It carries us over from how things are to how they will be.

Hope is ultimately about the future.Peace is ultimately about now

•Hope is ultimately about the future.

Peace is ultimately about now

- It is found when we are where we are supposed to be, which is close to God.
- Peaceful people are those who live close to God, and who are content with/in God

Hope is ultimately about the future.
Peace is ultimately about now
Joy is ultimately about the past

Hope is ultimately about the future.
Peace is ultimately about now
Joy is ultimately about the past

•Where peace is connected to contentment in that God is enough,

- •Where peace is connected to contentment in that God is enough,
- "Joy is an act of adoration "because it bears witness to the fact that God, who belongs to us, <u>is everything to us</u>." – Dom Paul Delatte

Jurgen Moltmann's two perspectives

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Anxiety is anticipated terror

Jurgen Moltmann's two perspectives
Anxiety is anticipated terror
Hope is anticipated joy

Not a feeling, but felt (emotion)

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- The sense or experience of blessing (gift not owed)

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- Joy is a response to have been united with what we love. Thomas Aquinas

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- Celebration of the power and victory of Israel's God

• Ex. 15 Miriam's song

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- •2 Sam. 5 and 6 David before the Ark

JOY

Joy is the energy of gratitudeJoy in the Lord is worship

⁶⁷ His father Zechariah was filled with the Holy Spirit and prophesied:

⁶⁸ "Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them.

⁶⁹ He has raised up a horn of salvation for us in the house of his servant David
⁷⁰ (as he said through his holy prophets of long ago),

⁷¹ salvation from our enemies and from the hand of all who hate us— ⁷² to show mercy to our ancestors and to remember his holy covenant, 73 the oath he swore to our father Abraham:

- ⁷⁴ to rescue us from the hand of our enemies, and to enable us to serve him without fear
- ⁷⁵ in holiness and righteousness before him all our days.

⁷⁶ And you, my child, will be called a prophet of the Most High; for you will go on before the Lord to prepare the way for him, ⁷⁷ to give his people the knowledge of salvation through the forgiveness of their sins,

⁷⁸ because of the tender mercy of our God, by which the rising sun will come to us from heaven ⁷⁹ to shine on those living in darkness and in the shadow of death, to guide our feet into the path of peace."

JOY

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JOY

Joy is the energy of gratitude
Joy in the Lord is worship
Joy and Suffering are not opposites

"It is noteworthy how often in the New Testament joy and affliction go together."

"Christian joy seems to flourish and grow upon what might seem the least favorable soil."

- Sister Mary David

JOY

Joy is the energy of gratitude
Joy in the Lord is worship
Joy and Suffering are not opposites
Joy is contagious

Contagious JOY

"Christians ought to be celebrating constantly. We ought to be preoccupied with parties, banquets, feasts, and merriment. We ought to give ourselves over to [never ending] joy because we have been liberated from the fear of life and the fear of death. We ought to attract people to the church quite literally by the fun there is in being a Christian."

Robert Hotchkins

JOY

Joy is the energy of gratitude
Joy in the Lord is worship
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JOY

- Joy is the energy of gratitude
- Joy in the Lord is worship
- Joy and Suffering are not opposites
- Joy is contagious
 - Pure Heart
 - Clean Hands
 - Cheerful Countenance



PrayUnderstand that you are loved

• Pray

Understand that you are loved Believe

- Pray
- Understand that you are loved
 Believe
 - Contemplate

- Pray
- Understand that you are loved
 - Believe
 - •Contemplate
 - Seek to know more and better

- Pray
- Understand that you are loved
 Believe
 - Contemplate
 - Seek to know more and better
 - Be with the Lord: the presence of Jesus awakens JOY

- Pray
- Understand that you are lovedRenunciation (again)

Rule of St. Benedict

"Let each one, over and above the measure prescribed for him, offer God something of his own will in the joy of the Holy Spirit. That is to say, let him stint himself of food, drink, sleep, talk and jesting, and look forward with the joy of spiritual longing to the holy feast of Easter."

- Pray
- Understand that you are loved
- Renunciation (again)
- If Joy is contagious, how infected are you?

- Pray
- Understand that you are loved
- Renunciation (again)
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