

Questions for Conversations

03.27.22

How has God been speaking to you this week?

What questions do you have about this week's message?

When was the last time you were faced with a situation that got your heart pounding, raised your blood pressure, and maybe even spurred thoughts of revenge?

Did it cloud or partially blind your reason?

How does our anger tend to turn on us and hurt us more than we hurt the object of our anger?

What do you think is the major difference between the sin of anger and the virtue of righteous indignation against injustice?

What is a virtuous response to injustice? What does it look like?

How do you react to the biblical notion that Jesus at times got very angry? Have you heard much about that Jesus in church?

Two instances if you want to discuss them are Jesus cleansing the temple, and his healing of the man with the withered hand in Mark 3.

When you consider the two strands in the Christian tradition— Aquinas (righteous anger is virtuous) and Cassian (put away all anger because it blinds us in prayer)— which side do you find more persuasive?

HOMEWORK

Keep your own anger journal for a week.

Try to write down (or use your phone) every time you get angry. What was it that made you angry. How intense was your anger (scale of 1-5)?

We will come back to this next week.

Share and prayer