

### James 4.1-10

What causes fights and quarrels among you? Don't they come from your desires that battle within you?

<sup>2</sup> You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God.

<sup>3</sup> When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.

<sup>4</sup> You adulterous people, don't you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God.

<sup>5</sup> Or do you think Scripture says without reason that he jealously longs for the spirit he has caused to dwell in us?

- <sup>6</sup> But he gives us more grace. That is why Scripture says:
- "God opposes the proud but shows favor to the humble."

<sup>7</sup> Submit yourselves, then, to God. Resist the devil, and he will flee from you.

<sup>8</sup> Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

<sup>9</sup> Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom.

<sup>10</sup> Humble yourselves before the Lord, and he will lift you up.

• What are we talking about?

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  - •Isn't self-esteem good?

- What are we talking about?
- Why is it so dangerous?

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- "God opposes the proud but shows favor to the humble."

How we have been affected

What to do about it.

<sup>7</sup> Submit yourselves, then, to God. Resist the devil, and he will flee from you.

Poor in spirit

<sup>8</sup> Come near to God and he will come near to you.

- Poor in spirit
- Vulnerability

Wash your hands, you sinners, and purify your hearts, you double-minded. <sup>9</sup> Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom.

- Poor in spirit
- Vulnerability
- Confession

<sup>10</sup> Humble yourselves before the Lord, and he will lift you up.

Dear Abba,

I've come to the place where I'm letting You love me more each day, but I still struggle with letting you like me. I realize that has much more to do with me than with You, not to mention my on-going cycle of attraction to tenderness, then repulsion, then back again.

Thank you for your still, small advances toward me that display that yes, my Abba is very fond of me! Please help my unbelief. I want to rest safe in Your arms.

