

Icebreaker:

Beside basic needs (food, clothing, shelter, health, love) what are three things you can't live without?

It may be best to go around sharing one at a time.

Share your biggest sacrifice of thanks. (A time that you gave thanks but didn't really want to)

1. What one thing stood out for you during the message?
2. Do you think that everything that is good in your life is a gift from God? Why or why not?
3. How has thankfulness impacted your life, either as the giver or receiver of thanks?
4. What areas can we be more thankful in?
5. What are we actually saying when we give thanks?

I know this question is a little ambiguous, but what I am getting at is not gratitude or appreciation. What is the message we are trying to communicate by saying, "Thanks"? Maybe it changes with the thing we are thankful for. Some things we could be trying to communicate is I really needed that; I really wanted that; I didn't deserve that; it is more than I could have expected. Spend a moment and unpack your thankfulness.

6. What are concrete ways we can display thankfulness?
7. How can we be reminded to give thanks every day?
8. How can you show your thanksgiving to Christ for what he has done for you?

Share and Prayer

In addition to being the week before Thanksgiving, it is also Christ the King Sunday in the Church calendar. What ways/areas are you rejoicing or need Christ to be king?