



Psalm

songs for life's journey

Psalm 118

¹ Give thanks to the LORD, for he is good;
his love endures forever.

Psalm 118

² Let Israel say:

“His love endures forever.”

³ Let the house of Aaron say:

“His love endures forever.”

⁴ Let those who fear the LORD say:

“His love endures forever.”

Psalm 118

⁵ When hard pressed, I cried to the LORD;
he brought me into a spacious place.

Psalm 118

⁶ The LORD is with me; I will not be afraid.

What can mere mortals do to me?

⁷ The LORD is with me; he is my helper.

I look in triumph on my enemies.

Psalm 118

⁸ It is better to take refuge in the LORD
than to trust in humans.

Psalm 118

⁹ It is better to take refuge in the LORD
than to trust in princes.

Psalm 118

¹⁰ All the nations surrounded me,
but in the name of the LORD I cut them
down.

Psalm 118

¹¹ They surrounded me on every side,
but in the name of the LORD I cut them
down.

Psalm 118

¹² They swarmed around me like bees,
but they were consumed as quickly as
burning thorns;
in the name of the LORD I cut them down.

Psalm 118

¹³ I was pushed back and about to fall,
but the LORD helped me.

Psalm 118

¹⁴ The LORD is my strength and my defense;
he has become my salvation.

Psalm 118

¹⁵ Shouts of joy and victory
resound in the tents of the righteous:
“The LORD’s right hand has done mighty
things!

Psalm 118

¹⁶ The LORD's right hand is lifted high;
the LORD's right hand has done mighty
things!"

Psalm 118

¹⁷ I will not die but live,
and will proclaim what the LORD has done.

Psalm 118

¹⁸ The LORD has chastened me severely,
but he has not given me over to death.

Psalm 118

¹⁹ Open for me the gates of the righteous;
I will enter and give thanks to the LORD.

Psalm 118

²⁰ This is the gate of the LORD
through which the righteous may enter.

Psalm 118

²¹ I will give you thanks, for you answered
me;
you have become my salvation.

Psalm 118

²² The stone the builders rejected
has become the cornerstone;
²³ the LORD has done this,
and it is marvelous in our eyes.

Psalm 118

²⁴ The LORD has done it this very day;
let us rejoice today and be glad.

Psalm 118

²⁵ LORD, save us!

LORD, grant us success!

Psalm 118

²⁶ Blessed is he who comes in the name of
the LORD.

From the house of the LORD we bless you.

Psalm 118

²⁷ The LORD is God,
and he has made his light shine on us.
With boughs in hand, join in the festal
procession
up to the horns of the altar.

Psalm 118

²⁸ You are my God, and I will praise you;
you are my God, and I will exalt you.

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Gratitude: What is it?

Robert A. Emmons

- defines gratitude as having two parts: “(1) affirming goodness in one’s life and (2) recognizing that the sources of this goodness lie at least partially outside the self.”

Gratitude: Why do we need it?

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- “Gratitude is not only the greatest of virtues, but the parent of all the others.” — Cicero

Gratitude: Why do we need it?

- “Gratitude is not only the greatest of virtues, but the parent of all the others.” – Cicero
- St. Ignatius called ingratitude the “most abominable of sins” as it is “the cause, the beginning and origin of all sins and misfortunes.”

Gratitude: A Spiritual Discipline

Rom 1.21

²¹ For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened.

Gratitude: More Gift than Duty

Henry Ward Beecher

- “If one should give me a dish of sand, and tell me there were particles of iron in it, I might look for them with my clumsy fingers, and be unable to detect them; but let me take a magnet and sweep through it, and how would it draw to itself the almost invisible particles by the mere power of attraction.—The unthankful heart, like my finger in the sand, discovers no mercies; but let the thankful heart sweep through the day, and as the magnet finds the iron, so it will find, in every hour, some heavenly blessings.”

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