

A first-person perspective from the driver's seat of a car, looking out onto a two-lane asphalt road that stretches into the distance. The road is flanked by tall trees, some with vibrant yellow and orange autumn leaves, and others that are dark green. The sky is a pale, overcast white. The car's dashboard and a hand on the steering wheel are visible in the foreground, slightly out of focus.

Psalms

songs for life's journey

Psalm 40

Psalm 40

I waited patiently for the LORD;
he turned to me and heard my cry.

Psalm 40

² He lifted me out of the slimy pit,
out of the mud and mire;
he set my feet on a rock
and gave me a firm place to stand.

Psalm 40

³ He put a new song in my mouth,
a hymn of praise to our God.
Many will see and fear the LORD
and put their trust in him.

Psalm 40

⁴ Blessed is the one
who trusts in the LORD,
who does not look to the proud,
to those who turn aside to false gods.

Psalm 40

⁵ Many, LORD my God,
are the wonders you have done,
the things you planned for us.
None can compare with you;
were I to speak and tell of your deeds,
they would be too many to declare.

Psalm 40

⁶ Sacrifice and offering you did not desire—
but my ears you have opened—
burnt offerings and sin offerings you did
not require.

Psalm 40

⁷ Then I said, “Here I am, I have come—
it is written about me in the scroll.

⁸ I desire to do your will, my God;
your law is within my heart.”

Psalm 40

⁹ I proclaim your saving acts in the great
assembly;
I do not seal my lips, LORD,
as you know.

Psalm 40

¹⁰ I do not hide your righteousness in my heart;

I speak of your faithfulness and your saving help.

I do not conceal your love and your faithfulness
from the great assembly.

Psalm 40

¹¹ Do not withhold your mercy from
me, LORD;
 may your love and faithfulness always
protect me.

Psalm 40

¹² For troubles without number surround me;
my sins have overtaken me, and I cannot
see.

They are more than the hairs of my head,
and my heart fails within me.

Psalm 40

¹³ Be pleased to save me, LORD;
come quickly, LORD, to help me.

Psalm 40

¹⁴ May all who want to take my life
be put to shame and confusion;
may all who desire my ruin
be turned back in disgrace.

Psalm 40

¹⁵ May those who say to me, “Aha! Aha!”
be appalled at their own shame.

Psalm 40

¹⁶ But may all who seek you
rejoice and be glad in you;
may those who long for your saving help
always say,
“The LORD is great!”

Psalm 40

¹⁷ But as for me, I am poor and needy;
may the Lord think of me.

You are my help and my deliverer;
you are my God, do not delay.

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