

A first-person perspective from the driver's seat of a car, looking out over a two-lane asphalt road that stretches into the distance. The road is flanked by tall evergreen trees and some deciduous trees with yellow and orange autumn foliage. The sky is bright and clear. The car's dashboard and a hand on the steering wheel are visible in the foreground.

# Psalms

*songs for life's journey*

# Psalm 62

<sup>1</sup> Truly my soul finds rest in God;  
my salvation comes from him.

<sup>2</sup> Truly he is my rock and my salvation;  
he is my fortress, I will never be shaken.

# Psalm 62

<sup>3</sup> How long will you assault me?

Would all of you throw me down—  
this leaning wall, this tottering fence?

# Psalm 62

<sup>4</sup> Surely they intend to topple me  
from my lofty place;  
they take delight in lies.

With their mouths they bless,  
but in their hearts they curse.

# Psalm 62

<sup>5</sup> Yes, my soul, find rest in God;  
my hope comes from him.

<sup>6</sup> Truly he is my rock and my salvation;  
he is my fortress, I will not be shaken.

# Psalm 62

<sup>7</sup> My salvation and my honor depend on God;  
he is my mighty rock, my refuge.

<sup>8</sup> Trust in him at all times, you people;  
pour out your hearts to him,  
for God is our refuge.

# Psalm 62

<sup>9</sup> Surely the lowborn are but a breath,  
the highborn are but a lie.  
If weighed on a balance, they are nothing;  
together they are only a breath.

# Psalm 62

<sup>10</sup> Do not trust in extortion  
or put vain hope in stolen goods;  
though your riches increase,  
do not set your heart on them.



# Psalm 62

<sup>11</sup> One thing God has spoken,  
two things I have heard:

“Power belongs to you, God,

<sup>12</sup> and with you, Lord, is unfailing love”;

and, “You reward everyone

according to what they have done.”



'ak

'ak

•1

•2

•4

•5

•6

•9

'ak

- Surely
- Truly
- Nevertheless
- Alone
- Only

# Psalm 62

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# Inclusio

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Trust



# Trust and Mouth

# Trust and Mouth

<sup>1</sup> Truly my soul finds rest in God;  
my salvation comes from him.

.1 not really rest (in silence)

# Trust and Mouth

.1 not really rest (in silence)

.4 lies

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless, curse

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless, curse
- .4 Selah

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless, curse
- .4 Selah
- .5 mouth grows dumb (silent)



# Trust and Mouth

<sup>5</sup> Yes, my soul, find rest in God;  
my hope comes from him.

.5 make mouth grows dumb (silent)

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless, curse
- .4 Selah
- .5 mouth grows dumb (silent)
- .8 pour out your hearts to God

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless, curse
- .4 Selah
- .5 mouth grows dumb (silent)
- .8 pour out your hearts to God
- .8 Selah

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless, curse
- .4 Selah
- .5 mouth grows dumb (silent)
- .8 pour out your hearts to God
- .8 Selah
- .9 breath, lies, breath

# Trust and Mouth

- .1 not really rest (in silence)
- .4 lies, mouths, bless, curse
- .4 Selah
- .5 mouth grows dumb (silent)
- .8 pour out your hearts to God
- .8 Selah
- .9 breath, lies, breath
- .11 God has spoken

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two things I have heard:

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