

⁷Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. ⁸ Jesus Christ is the same yesterday and today and forever.

⁹ Do not be carried away by all kinds of strange teachings. It is good for our hearts to be strengthened by grace, not by eating ceremonial foods, which is of no benefit to those who do so.

¹⁰ We have an altar from which those who minister at the tabernacle have no right to eat.

¹¹ The high priest carries the blood of animals into the Most Holy Place as a sin offering, but the bodies are burned outside the camp. ¹² And so Jesus also suffered outside the city gate to make the people holy through his own blood.

¹³ Let us, then, go to him outside the camp, bearing the disgrace he bore. ¹⁴ For here we do not have an enduring city, but we are looking for the city that is to come.

¹⁵ Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. ¹⁶ And do not forget to do good and to share with others, for with such sacrifices God is pleased.

¹⁷ Have confidence in your leaders and submit to their authority, because they keep watch over you as those who must give an account. Do this so that their work will be a joy, not a burden, for that would be of no benefit to you.

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.7 .15-16

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- Consider the outcome of the their lives

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Share with others.

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Benediction

• 20 Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, ²¹ equip you with everything good for doing his will, and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen.

